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## DEMYSTIFYING THE ESOTERIC

*by Robert A. Monroe*

One of Bob's missions was to demystify the esoteric experiences such as he reported in his books. He felt strongly that dogma can block or impair our ability to perceive the true nature of our eternal consciousness.

No words seem to express better than these the essence of Bob's discoveries during his decades of exploration.

From ***Ultimate Journey*** by Robert A. Monroe ~

*There is no beginning, there is no end.  
There is only change.  
There is no teacher, there is no student,  
There is only remembering.  
There is no good, there is no evil,  
There is only expression.  
There is no union, there is no sharing,  
There is only one.  
There is no joy, there is no sadness,  
There is only love.  
There is no greater, there is no lesser,  
There is only balance.  
There is no stasis, there is no entropy,  
There is only motion.  
There is no wakefulness, there is no sleep,  
There is only being.  
There is no limit, there is no chance,  
There is only a plan.*